

What does the NQA offer?

Professional Member Certification is a benefit of membership in the National Qigong Association that provides an opportunity to inform the public of the depth and scope of the significant experiences that have helped mold the specialized careers of our members. Though certification is internal to the NQA as there is presently no national standard, it is supported by the full faith of our membership organization and may act to enhance and highlight one's professional standing.

Who is eligible?

Professional members of the NQA in good standing are eligible to apply.

If I am already a professional member of the NQA, how is this different?

Certification is a separate additional option that you may choose to enhance and highlight your professional standing.

How do I determine my proper level?

There are two divisions to Professional Member Certification: Teacher and Clinical. The two divisions or tracks are described below:

Qigong Teacher Track

Level I Qigong Instructor: This denotes the initial level for an instructor of Qigong.

- at least 200 hours documented formal Qigong training

Level II Qigong Instructor: This level demonstrates deeper levels of Qi experience, a higher degree of cultural and intellectual understanding of practice, and a greater knowledge and appreciation of its benefits. This level not only provides instruction in technical forms but strives to increase in their students inner Qi-awareness and to improve their quality of life.

- at least 350 hours documented formal Qigong training

Level III Advanced Instructor: Compared to prior levels, the Advanced Instructor has deepened his/her Qi experience and has a higher level of understanding of the practice as well as a greater knowledge and appreciation of its benefits. The Advanced Instructor should be able to generate Qi, absorb Qi from the atmosphere, has trained his/her Qi. The advanced Instructor has built a strong energetic foundation through disciplined practice of Qigong and possesses an understanding of healing principles.

- at least 500 hours documented formal Qigong training
- at least 5 years Qigong teaching experience

Level IV Teacher: The Highest Certification Level Granted by the National Qigong Association

While not necessarily the clinician, the Teacher has at least 1000 hours of training and demonstrates a level of knowledge and understanding deeper than Level III. The Teacher should be able to generate qi, absorb qi from the atmosphere, has trained his/her

qi. The Teacher has built a strong energetic foundation through disciplined practice of qigong and possesses an understanding of healing principles.

This is the top certification/recognition of the organization and denotes wisdom, insight, qi transmission, and empowering. These senior practitioners have taught instructors of qigong or qigong clinical therapists for 10 years or more. They act as mentors for others in the field and are acknowledged senior practitioners by the NQA. This level is recognized to teach all levels of formal instruction.

At least 1000 hours of documented formal instruction in qigong and at least 10 years of qigong teaching and passage of an interview process is required. These interviews could take place at the annual NQA conference and needs to include at least three members of the Application Review Committee.

- at least 1000 hours documented formal Qigong training
- at least 10 years Qigong experience teaching teachers.
- must sit an interview with members of the Application Review Committee

A student of a level IV teacher has the option of, in lieu of listing course information from that teacher in the application, substituting a strong letter of recommendation from a Level IV NQA Certified Teacher that includes the number of hours of relevant instruction, general description of coursework, and descriptive comments about student ability.

Clinical Track

0 Clinical Practitioner

This describes the person who practices applications of healing qigong with emission and projection of qi and may also teach prescriptive exercises. This level has the ability to generate qi, absorb qi from the atmosphere, and have trained their qi. They have built a strong energetic foundation through disciplined practice of qigong and possess an understanding of healing principles

- at least 500 hours documented formal Qigong training
 - includes at least 350 didactic hours (see website for description) 200 of which are specific to Qigong
 - includes at least 100 hours of qigong treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.
- at least 2 years clinical experience
- must carry a current liability insurance policy

0 Advanced Clinical Therapist:

This describes the person who practices applications of healing qigong with emission and projection of qi and may also teach prescriptive exercises. This level has the ability to generate qi, absorb qi from the atmosphere and have trained their qi. They have built a strong energetic foundation through disciplined practice of qigong and possess an

understanding of healing principles. This level is also set to mentor and teach others in the art, science and skills necessary for qigong healing/medical qigong

- at least 1500 hours documented formal Qigong training includes at least 500 didactic hours (see website for description) 350 of which are specific to Qigong
- includes at least 1000 hours treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.
- at least 10 years clinical experience
- must carry a current liability insurance policy

May a person hold certification in both tracks?

Yes, a person may hold certification as both teacher and clinical practitioner as addresses below as an “add on” in the subsequent description.

How will I benefit from this certification?

You will receive a certification listing on your member page of the NQA website, a resource for those seeking a professional with distinction. Our publications may regularly highlight certified professionals with articles about them and their practice. You will receive a beautiful certificate for display so that the public/clients/students will know that you have been certified. Please note that these benefits may change or be added onto without notice at any time, based on the needs of our members.

How much does it cost and for how long is the certification?

Initial certification extends for two years at a fee of \$150 except for Level IV, Teacher which has a fee of \$250 due to the needed interview. Renewals are \$50 and extend for two years. An upgrade or add-on is charged \$100 except for the Level IV Teacher which is \$150.

Is there a requirement for continuing education for renewal?

Not at the present time, but a continuing education requirement for renewal may be initiated at some point in the future.

What if I receive additional training in the course of my certification?

If you wish, you may submit an upgrade. Just enter the additional information on a new application and send it in along with the appropriate fee. The supplemental application will be added to the information already in your file.

How long does it take after I send in the application?

With the exception of the Level IV Teacher, most applicants will receive a decision within 60 days of the full completion of the application.

What if my application is denied or I receive a lower level of classification than that for which I applied?

If the application is denied or if you receive a lower level of classification than that for which you applied, you are welcome to apply again after one year.

Application National Qigong Association Professional Member Certification

Qigong is the ability to generate, circulate and balance qi with posture, breath and intention, which encompasses personal practice and clinical treatment.

Though certification is internal to the NQA as there is presently no national standard, it is supported by the full faith our membership organization.

- New Application
- Upgraded Application

SECTION 1 - PERSONAL INFORMATION (all applicants)

NAME:

MAILING ADDRESS:

CITY:

STATE:

ZIP:

EMAIL:

BEST TELEPHONE CONTACT:

BIRTHDATE:

MALE/FEMALE:

Are you presently a Professional Member of the NQA in good standing?

If "no, please explain briefly:

Are you now or have you been a student of a currently certified NQA Level IV Teacher?

If "yes" of whom?

Note: A student of a level IV teacher has the option of, in lieu of listing course information from that teacher in the application, substituting a strong letter of recommendation from a Level IV NQA Certified Teacher that includes the number of hours of relevant instruction, general description of coursework, and descriptive comments about student ability.

SECTION 2 - PERSONAL PRACTICE (all applicants)

When did you begin practicing Qigong? (month/year)

What is your present personal practice schedule and of what does your personal practice consist ?

SECTION 3 - LEVEL OF CERTIFICATION. (all applicants)

Please indicate the certification level for which you are applying. The two tracks available are Qigong Instruction which has four levels, and Clinical Practitioner, which has two categories. A candidate applying for professional certification must be a Professional Member of the National Qigong Association in good standing. Requirements listed below are partial. To see the full list, go to www.nqa.org and follow the link to “certification.”

Qigong Instruction

_ Level I Qigong Instructor:

- at least 200 hours documented formal Qigong training

_ Level II Qigong Instructor:

- at least 350 hours documented formal Qigong training

_ Level III Advanced Instructor

- at least 500 hours documented formal Qigong training
- at least 5 years Qigong teaching experience

_ Level IV Teacher:

The Highest Certification Level Granted by the National Qigong Association

- at least 1000 hours documented formal Qigong training
- at least 10 years Qigong experience teaching teachers.
- must sit in on an interview with members of the Application Review Committee

Clinical Practitioner

_ Clinical Practitioner:

- at least 500 hours documented formal Qigong training
 - includes at least 350 didactic hours (see website for description) 200 of which are specific to Qigong
 - includes at least 100 hours of qigong treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.
- at least 2 years clinical experience
- must carry a current liability insurance policy

_ Advanced Clinical Practitioner:

- at least 1500 hours documented formal Qigong training includes at least 500 didactic hours (see website for description) 350 of which are specific to Qigong
- includes at least 1000 hours treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.
- at least 10 years clinical experience
- must carry a current liability insurance policy

SECTION 8 – TEACHING/WRITING EXPERIENCE (all applicants)

Make copies of this page before completing if additional space is needed.

When did you begin teaching, or writing about, Qigong and related subjects?

Please identify any programs you have taught at NQA conferences:

Course/Subject	Hours	Conference Year/Location

What is your present teaching schedule?

Course/Subject	Duration/ Frequency	# students	Organization/Location

Tell us more about your teaching/writing experience:

SECTION 9 – REFERENCES

Complete if applying for Level III or Level IV certification.

A. Reference from Qigong Teacher

What is your reference’s name?

Mailing Address

City

State Zip

Country

Email

Tel.

Fax

Briefly describe your reference’s background as it relates to your Qigong studies:

How long has this reference known you?

How long have you studied with this reference?

What subjects, and with what duration/frequency, have you studied with this reference?

B. Professional Reference from Supervisor, Peer, Student or Client

What is your reference’s name?

Mailing Address

City

State Zip

Country

Email

Tel.

Fax

How is this reference familiar with you?

How long has this reference known you?

C. Reference to Personal Character

What is your reference’s name?

Mailing Address

City

State Zip

Country

Email

Tel.

Fax

How is this reference familiar with you?

How long has this reference known you?

Do we have your consent to contact each of these references?

Please arrange for letters of reference to be sent directly to the NQA office

SECTION 10 (all applicants)

Have you ever been convicted of a crime?

If “yes”, please explain briefly:

Have you ever been denied a professional license/certification or had one revoked?

If “yes”, please explain briefly:

_____ My application fee (\$150.00 for all but Level IV Teacher which is \$250; upgraded application is accompanied with \$100 payment except for an upgrade to Level IV which is \$150) is enclosed with this Application for NQA Certification. Payment is made by (check one):

_____ Check

_____ Credit/Debit Card (check one):

_____ Visa _____ Mastercard _____ American Express _____ Discover

Account No. _____

Exp. Date _____

PIN _____ Name on Account _____

_____ By checking here, I am giving the NQA my express permission to publish/link my contact information into its website, membership directory, newsletter and any other media providing its members and the general public information about Qigong.

I have completed this Application for NQA Certification, and attest within the best of my ability and knowledge that the information I have provided is true and accurate. I hereby provide the Application Review Committee (“ARC”) my express consent to investigate any of the information contained in this Application within the scope of its review process of my Application and within the exclusive intent of the ARC’s consideration of my Application for approval. I understand that my Application for Certification may be approved or denied for discretionary reasons not limited to lapse of Professional Membership in good standing, falsification of information contained in this Application or participation in acts or behavior contrary to the ethical standards of the NQA. I also understand that if my Application is approved, I will be granted a period of two (2) years of Certification in a Level appropriate for the qualifications presented in this Application and that documentation supporting my qualifications will be required along with my completion of an application for renewal or promotion of certification and a fee for renewal upon expiration of the initial two-year Certification Term, in order for my NQA Certification to continue. The NQA reserves the right to revoke Certification at its discretion at any time for reasons not limited to lapse of Professional Membership in good standing, falsification of information contained in this Application or participation in acts or behavior contrary to the ethical standards of the NQA.

(signature)

(date signed)

info@nqa.org

**To Mail Your Application for NQA Certification:
The National Qigong Association
Attn: Certification Application Review Committee
PO Box 252
Lakeland, MN 55043**