



2020 ANNUAL CONFERENCE & PRESENTER SCHEDULE

(Schedule is subject to change- we do our best, but sometimes shifts happen.)

Class/Event	Member	Non-member
Full conference before April 30, 2020	\$350	\$375
Full conference after April 30, 2020	\$375	\$400
One full day (Friday or Saturday)– includes evening events	\$175	\$200
Friday Keynote only	\$50	\$75
Sunday morning (Plenary, events, closing)	\$80	\$100

Discounts for veterans (half price on full conference only) and schools sending multiple students.

THURSDAY, JULY 23

6:30-8:30 PM **Meet the Board:** A social gathering with the NQA Board members for those who arrive early (*Location TBA*)

FRIDAY, JULY 24

7-7:30 AM **Morning qigong** (*Location to be announced*)

8:00 AM **Registration opens**
Vendor area setup (Vendor area open during conference hours)

9-9:45 AM **Welcome and presenter introductions** (*Room A*)

10 AM-12:10 PM **Three 40-minute presentations** (*Room A*)
 10-10:40 AM Directing Qi through the currents of the circle - Mark S. Gallagher
 10:45-11:25 AM Intent / Intention - Why Do You Practice Qigong? - Frank Hanley
 11:30 AM-12:10 PM Teaching Children: A Zhineng Qigong Perspective - Jeff de Castro

10 AM-12 PM **Professional Level** (*Room B*)
 Root-Stem-Branch - Mark R. Reinhart

12:10-1:45 PM **Lunch Break**

2-5 PM **Three 55-minute workshops** (*Room A*)
 2-2:55 PM Maahaah Rooh Qi Gong , TCM, and Mental Health - Khalid Shakoor
 3-3:55 PM 18 Breaths - Trace Konerico
 4-4:55 PM The Five Element Orchard: Energy from Trees - John C. Platt

2-5 PM **Professional Level** (*Room B*)
 Create a Thriving Qigong Business - Ani Anderson

2-5 PM **Research Panel** (*Room C*)
 Kathy Levac, Moderator
 Panelists TBA

5-7 PM **Dinner on your own.** There are many options nearby – check with the registration desk.

7-8:30 PM **Keynote Address** (*Room A*)
 The Way of Qigong: Ancient Roots, Scientific Branches - Ken Cohen

8:45-9:15 PM **Qigong Demonstrations** (*Room A*)

9:15-10:15 PM **Documentary film *Quantum Qi*** - Sharron Rose (*Room A*)



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SATURDAY, JULY 25

- 7-7:30 AM** **Morning qigong** (*Location to be announced*)
- 7:30-8:45 AM** **Breakfast on your own**
- 9-10 AM** **1-hour workshops**
9-10 AM Qigong Self-Healing Strategies for Chronic Health Disorders - Camilo Sanchez (*Room A*)
9-10 AM Tai Chi for Kids: Focus, fitness, calmness, fun - Cari Shurman (*Room C*)
- 10 AM-12 PM** **2-hour workshops**
10 AM-12 PM Intelligent Qigong - Lorelei Chang (*Room A*)
10 AM-12 PM Qigong Principles: A Deep Dive - Chris Bouguyon (*Room C*)
- 9 AM-12 PM** **Professional Level** (*Room B*)
Qigong in Daily Life: Bridging Ancient Practice with Cutting Edge Neuroscience - Mardi Crane Godreau
- 12-1:30 PM** **Lunch Break**
- 1:45-2:45 PM** **1-hour workshops**
1:45-2:45 PM How To Integrate Yourself Sabotaging Subconscious With Qigong - Mark Johnson (*Room A*)
1:45-2:45 PM The Xingqi Practice of Hu Yaozhen-Meditative Practices of Qi Circulation - Kevin Siddons (*Room C*)
- 3-5 PM** **2-hour workshops**
3-5 PM Great Spiraling Dragon Qigong from Wudang Mountain - Solala Towler (*Room A*)
3-5 PM Radiant Lotus Qigong-Essential Practices - Daisy Lee (*Room C*)
- 2-5 PM** **Professional Level** (*Room B*)
Qigong Organ Cleansing & Emotional Alchemy - Francesco Garripoli
- 5-6 PM** **Dinner on your own**
- 6:15-7:15 PM** **Chinese Tea Ceremony** - Solala Towler (*Room A*)
- 7:30-9PM** **The Great Saturday Tao Wow Entertainment** (*Room A*)
Join us for an evening of celebration and fun!

SUNDAY, JULY 26

- 7-7:30 AM** **Morning qigong** (*Location to be announced*)
- 7:30-9 AM** **Breakfast on your own**
- 9:15-10 AM** **Community Gathering** with open panel - Lad Hudac, moderator (*Room A*)
- 10-11:30 AM** **Plenary Session** - Jianye Jiang (*Room A*)
- 11:30 AM-12 PM** **Closing Ceremonies** (*Room A*)